

BABY TRAVEL

Packing List

SMALL CHECKLIST, BIGGER ADVENTURES.



TRAVEL DOCUMENTS

- ☐ Passport
- ☐ Visa (if needed)
- ☐ Travel insurance
- ☐ Tickets / boarding passes
- ☐ GP's details
- ☐ Consent letter (if needed)

FEEDING - BOTTLE

- ☐ Bottles
- ☐ Formula
- ☐ Bottle brush
- ☐ Sterilising bags / tablets
- ☐ Bottle warmer

NAPPY CHANGING

- ☐ Nappies
- ☐ Wipes
- ☐ Nappy bags
- ☐ Changing mat
- ☐ Nappy cream
- ☐ Swim nappies

FEEDING - BREASTFEEDING

- ☐ Maternity bras
- ☐ Breast pads
- ☐ Muslins
- ☐ Nursing cover
- ☐ Breast pump
- ☐ Milk storage bags

WEANING

- ☐ Bibs
- ☐ Spoons
- ☐ Cups
- ☐ Suction plate / bowl
- ☐ Snacks and pouches
- ☐ Travel high chair

Happy travels!

ANGIE

X

SILVER SPOON
LONDON

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CLOTHING

- ☐ Sleepsuits
- ☐ Vests
- ☐ Tops
- ☐ Trousers / leggings
- ☐ Dresses or rompers
- ☐ Cardigans / jumpers
- ☐ 2-3 spare outfits

SLEEP

- ☐ Sleeping bags (correct tog)
- ☐ Comforter
- ☐ Favourite teddy
- ☐ White noise machine
- ☐ Blackout blind
- ☐ Dummy (if using)

HEALTH, FIRST AID & SUN PROTECTION

- ☐ Calpol
- ☐ Thermometer
- ☐ Teething relief (gel or granules)
- ☐ First aid kit
- ☐ Insect repellent (baby-safe)
- ☐ Bite relief cream
- ☐ Sunscreen
- ☐ UV beach tent
- ☐ Pushchair sunshade
- ☐ Portable fan

SUNNY DAYS & SWIMMING

- ☐ Sun hat (with neck protection)
- ☐ Swimwear
- ☐ UV suit
- ☐ Sandals
- ☐ Sunglasses
- ☐ Baby float

BATH TIME & HYGIENE

- ☐ Baby wash
- ☐ Moisturiser
- ☐ Hooded towel
- ☐ Hairbrush
- ☐ Nail scissors
- ☐ Toothbrush / toothpaste
- ☐ Bath toys

TOYS & TRAVEL

- ☐ Books / favourite toys
- ☐ Sensory toys
- ☐ Rattles
- ☐ Busy board
- ☐ Yoto Mini
- ☐ Travel pram
- ☐ Car seat (if needed)
- ☐ Baby carrier / sling
- ☐ Rain cover
- ☐ Footmuff (for colder weather)
- ☐ Blankets

SILVER SPOON TIP

You don't need to pack everything! Check what your hotel provides before you travel and remember that most things can be bought at your destination.